

BUSINESS PARCEL EXPORT

GENERAL PRICING INFORMATION

The invoiced weight is determined by the physical weight of the parcel.

An index-linked [energy surcharge](#) will be added to the parcel prices.

PRODUCT INFORMATION

- PostNord Parcel Locker: Parcel for recipient in the Nordics who collects the parcel at a parcel locker.
- PostNord Service Point: Parcel for recipient who collects the parcel at a PostNord Parcel Shop in the Nordics or a parcel shop/parcel locker in Europe.
- MyPack Home: Parcel delivered to private recipient's address.
- PostNord Parcel: Parcel delivered to business recipient's address.
- Return Drop Off: Return parcel handed over by the recipient to a parcel shop/parcel locker.
- Return Pickup/Pickup Request: Return parcel picked up by PostNord at the address.

CUSTOMS CLEARANCE

Parcels to and from Norway, Switzerland and Liechtenstein are subject to a customs clearance fee.

For other countries outside the EU, the recipient pays for the customs clearance.

HANDOVER OF PARCELS

Parcels can be handed over at a parcel shop, a business drop-off point, or a parcel terminal.

IF A PARCEL CANNOT BE DELIVERED

Parcels that cannot be delivered to the recipient are returned to the sender. The return price is the same as the forwarding price.

Up to	0.25 kg	0.5 kg	1 kg	2 kg	3 kg	5 kg	10 kg	15 kg	20 kg	25 kg	30 kg	35 kg	PostNord Return Drop off	PostNord Pickup Request
Destination The Nordics														
Faroe Islands														
MyPack Economy	110.00	110.00	118.00	131.00	166.00	166.00	225.00	284.00	344.00	404.00	463.00	522.00	339.00	N/A
MyPack Home	153.00	153.00	169.00	220.00	322.00	322.00	423.00	525.00	627.00	729.00	831.00	932.00	339.00	N/A
PostNord Parcel Economy	111.00	111.00	119.00	132.00	168.00	168.00	228.00	287.00	347.00	408.00	467.00	527.00	339.00	N/A
PostNord Parcel	154.00	154.00	171.00	222.00	325.00	325.00	428.00	530.00	633.00	736.00	839.00	942.00	339.00	N/A
Finland														
PostNord Parcel Locker	74.00	74.00	79.00	98.00	107.00	107.00	178.00	228.00	276.00	N/A	N/A	N/A	125.00	142.00
PostNord Service Point	74.00	74.00	79.00	98.00	107.00	107.00	178.00	228.00	276.00	N/A	N/A	N/A	125.00	142.00
MyPack Home	103.00	103.00	107.00	124.00	134.00	134.00	202.00	250.00	297.00	328.00	361.00	399.00	125.00	142.00
PostNord Parcel	90.00	90.00	96.00	117.00	128.00	128.00	214.00	274.00	333.00	372.00	413.00	459.00	125.00	142.00
Greenland														
MyPack Economy	120.00	120.00	151.00	194.00	305.00	305.00	528.00	855.00	1194.00	1474.00	1799.00	2066.00	584.00	N/A
MyPack Home	173.00	173.00	269.00	289.00	421.00	421.00	639.00	986.00	1333.00	1679.00	2026.00	2250.00	584.00	N/A
PostNord Parcel Economy	152.00	152.00	184.00	237.00	353.00	353.00	619.00	975.00	1343.00	1660.00	2016.00	2308.00	584.00	N/A
PostNord Parcel	217.00	217.00	274.00	360.00	526.00	526.00	799.00	1232.00	1664.00	2097.00	2530.00	2811.00	584.00	N/A
Iceland														
MyPack Home	195.00	195.00	201.00	240.00	253.00	253.00	356.00	478.00	602.00	661.00	726.00	797.00	339.00	N/A
PostNord Parcel	228.00	228.00	234.00	283.00	300.00	300.00	428.00	582.00	735.00	808.00	889.00	980.00	339.00	N/A
Norway														
PostNord Parcel Locker	102.00	102.00	107.00	134.00	149.00	149.00	193.00	N/A	N/A	N/A	N/A	N/A	177.00	N/A
PostNord Service Point	102.00	102.00	107.00	134.00	149.00	149.00	193.00	232.00	269.00	N/A	N/A	N/A	177.00	N/A
MyPack Home	130.00	130.00	134.00	160.00	173.00	173.00	218.00	255.00	290.00	314.00	340.00	366.00	177.00	N/A
PostNord Parcel	123.00	123.00	128.00	162.00	178.00	178.00	234.00	279.00	323.00	353.00	385.00	419.00	177.00	N/A
Sweden														
PostNord Parcel Locker	52.00	52.00	60.00	60.00	60.00	60.00	88.00	N/A	N/A	N/A	N/A	N/A	93.00	107.00 ¹
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	93.00	107.00 ¹
MyPack Home	81.00	81.00	90.00	90.00	90.00	90.00	116.00	143.00	165.00	201.00	229.00	250.00	93.00	107.00 ¹
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	93.00	107.00 ¹

BTBEB/BTCEB

BUSINESS PARCEL EXPORT

Up to	0.25 kg	0.5 kg	1 kg	2 kg	3 kg	5 kg	10 kg	15 kg	20 kg	25 kg	30 kg	31.5 kg	PostNord Return Drop off	PostNord Pickup Request
Destination Europe														
Austria														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00
Belgium														
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	104.00	120.00
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	104.00	120.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	104.00	120.00
Bulgaria														
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	N/A	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	N/A	238.00
Croatia														
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	N/A	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	N/A	238.00
Czechia														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00
Estonia														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00
France														
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	121.00	138.00
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	121.00	138.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	121.00	138.00
Germany														
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	104.00	120.00
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	104.00	120.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	104.00	120.00
Great Britain														
MyPack Home	111.00	111.00	116.00	143.00	156.00	156.00	202.00	238.00	273.00	296.00	322.00	349.00	177.00	N/A
PostNord Parcel	123.00	123.00	128.00	162.00	178.00	178.00	235.00	280.00	324.00	353.00	385.00	419.00	177.00	N/A
Greece														
MyPack Home	182.00	182.00	190.00	229.00	234.00	234.00	329.00	440.00	551.00	669.00	733.00	806.00	N/A	N/A
PostNord Parcel	210.00	210.00	220.00	270.00	276.00	276.00	395.00	533.00	670.00	818.00	900.00	989.00	N/A	N/A
Hungary														
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	N/A	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	N/A	221.00
Ireland²														
PostNord Service Point	121.00	121.00	130.00	180.00	193.00	193.00	274.00	322.00	370.00	N/A	N/A	N/A	221.00	238.00
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	221.00	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	221.00	238.00
Italy														
PostNord Service Point	121.00	121.00	130.00	180.00	193.00	193.00	274.00	322.00	370.00	N/A	N/A	N/A	N/A	238.00
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	N/A	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	N/A	238.00
Latvia														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00
Liechtenstein														
MyPack Home	111.00	111.00	116.00	143.00	156.00	156.00	202.00	238.00	273.00	296.00	322.00	349.00	N/A	194.00
PostNord Parcel	123.00	123.00	128.00	162.00	178.00	178.00	235.00	280.00	324.00	353.00	385.00	419.00	N/A	194.00
Lithuania														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00

BUSINESS PARCEL EXPORT

Up to	0.25 kg	0.5 kg	1 kg	2 kg	3 kg	5 kg	10 kg	15 kg	20 kg	25 kg	30 kg	31.5 kg	PostNord Return Drop off	PostNord Pickup Request
Luxembourg														
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	104.00	120.00
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	104.00	120.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	104.00	120.00
Monaco														
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	N/A	138.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	N/A	138.00
Netherlands														
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	104.00	120.00
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	104.00	120.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	104.00	120.00
Poland														
PostNord Service Point	52.00	52.00	60.00	60.00	60.00	60.00	88.00	116.00	138.00	N/A	N/A	N/A	104.00	120.00
MyPack Home	63.00	63.00	71.00	71.00	71.00	71.00	99.00	124.00	148.00	183.00	212.00	231.00	104.00	120.00
PostNord Parcel	62.00	62.00	73.00	73.00	73.00	73.00	106.00	139.00	167.00	212.00	247.00	274.00	104.00	120.00
Portugal														
PostNord Service Point	121.00	121.00	130.00	180.00	193.00	193.00	274.00	322.00	370.00	N/A	N/A	N/A	221.00	238.00
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	221.00	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	221.00	238.00
Romania														
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	N/A	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	N/A	238.00
Slovakia														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00
Slovenia														
PostNord Service Point	116.00	116.00	125.00	180.00	200.00	200.00	242.00	313.00	373.00	N/A	N/A	N/A	205.00	221.00
MyPack Home	124.00	124.00	134.00	187.00	205.00	205.00	247.00	314.00	372.00	415.00	464.00	509.00	205.00	221.00
PostNord Parcel	139.00	139.00	150.00	217.00	239.00	239.00	292.00	376.00	448.00	502.00	563.00	619.00	205.00	221.00
Spain														
PostNord Service Point	121.00	121.00	130.00	180.00	193.00	193.00	274.00	322.00	370.00	N/A	N/A	N/A	221.00	238.00
MyPack Home	130.00	130.00	138.00	187.00	201.00	201.00	277.00	323.00	369.00	415.00	462.00	508.00	221.00	238.00
PostNord Parcel	145.00	145.00	156.00	217.00	234.00	234.00	329.00	387.00	444.00	502.00	561.00	618.00	221.00	238.00
Switzerland														
MyPack Home	111.00	111.00	116.00	143.00	156.00	156.00	202.00	238.00	273.00	296.00	322.00	349.00	N/A	194.00
PostNord Parcel	123.00	123.00	128.00	162.00	178.00	178.00	235.00	280.00	324.00	353.00	385.00	419.00	N/A	194.00
Rest of Europe³														
MyPack Home	195.00	195.00	201.00	240.00	253.00	253.00	356.00	478.00	602.00	N/A	N/A	N/A	N/A	N/A
PostNord Parcel	228.00	228.00	234.00	283.00	300.00	300.00	428.00	582.00	735.00	N/A	N/A	N/A	N/A	N/A

Up to	0.25 kg	0.5 kg	1 kg	2 kg	3 kg	5 kg	10 kg	15 kg	20 kg	25 kg	30 kg	31.5 kg	PostNord Return Drop off	PostNord Pickup Request
Destination world														
Asien⁴														
MyPack Home	142.00	142.00	152.00	168.00	223.00	223.00	307.00	431.00	561.00	N/A	N/A	N/A	N/A	N/A
PostNord Parcel	160.00	160.00	173.00	194.00	263.00	263.00	367.00	522.00	684.00	N/A	N/A	N/A	N/A	N/A
Canada and USA														
MyPack Home	175.00	175.00	191.00	216.00	275.00	275.00	396.00	572.00	756.00	N/A	N/A	N/A	N/A	N/A
PostNord Parcel	203.00	203.00	222.00	253.00	327.00	327.00	478.00	698.00	928.00	N/A	N/A	N/A	N/A	N/A
Rest of world														
MyPack Home	226.00	226.00	236.00	369.00	377.00	377.00	670.00	1006.00	1343.00	N/A	N/A	N/A	N/A	N/A
PostNord Parcel	267.00	267.00	278.00	444.00	455.00	455.00	819.00	1240.00	1661.00	N/A	N/A	N/A	N/A	N/A

¹ The price also applies to PostNord Return Pickup

² The price also applies to Northern Ireland

³ Rest of Europe: Albania, Andorra, Armenia, Azerbaijan, Bosnia and Herzegovina, Cyprus, Georgia, Gibraltar, Belarus, Kazakhstan, Kyrgyzstan, North Macedonia, Malta, Moldova, Montenegro, Russia, San Marino, Serbia, Tadjikistan, Turkmenistan, Turkey, Ukraine, Uzbekistan, Vatican City

⁴ Selected countries in Asia: China, Hong Kong, Taiwan, Japan, South Korea, and Macao